

#### 13 mile 2 night Boxley to Steel Creek Backpack



Bring your own cook your own or go hungry outing! Nothing but a ride to the trail head and back is supplied.

Who: Adventure Rangers and older whom are prepared to Backpack 13 miles. Some bushwhacking and 4 river crossings required. This will be all Backpack.

What: A 105 mile drive 2 hours to a 13 mile Trail backpack. It's 13 total miles. Elevation follows up top of the Buffalo National River from Boxley Trail Head to Steel Creek take out passing by Ponca low water bridge.

Where: Buffalo River south of Ponca, AR.

When: Be at Mark Jones house in Ozark at 5:30 p.m.. on December 20th, 2013 this is a Friday night, Saturday and be back Sunday mid evening Backpack

Why: We will backpack 13 miles just to say we did it and it's new trail for all of us.

We are looking for a grand safe time and the view is beautiful.



Bring along just what you need. The attached forms are guides and suggestions. YOU are responsible for your own FOOD and the means to cook it. Nothing is provided but transportation and a great time.

"There may be pictures taken at this activity and may be used on the Royal Ranger web site or in a news publication."

Contact Mark Jones and let him know your coming and approx. how many will be in your party.

417-343-0463 markjonesranger@hotmail.com email (preferred)



# Royal Rangers



### Royal Rangers Boxley to Steel Creek 13 mile Backpack

Friday night -Sat. Sun. Dec. 20th - 22nd, 2013

If you love to backpack and have a desire to carry a backpack 13 miles along the Bluffs of the National Buffalo River we invite you to come along. This is a bring your own, cook your own or go hungry event. Come prepared to have a great time!

When/Where: The Rangers will need to meet at	at _	on Friday evening.	
The group will leave from Mark Jones house in Ozark, Mo at 5:30 P.M. There they will take vehicles to the Steel Creek trail head drop off a vehicle and then travel to the Boxley Traihead we will hike a mile or two in the dark and camp. Then get up early on Saturday and backpack 7 miles towards Ponca. Sunday we will hike the rest of the miles to Steel Creek. We expect 4 River Crossings as well as 13 miles of Backpacking. Your prayers are welcomed!			
Costs: Cost for this outing is \$ to cover expenses for the o	utpost. A few buch	ks for gas helps.	
<b>Food</b> . This is a bring your own, cook your own or go hungry camp on hight supper, Saturday breakfast, lunch, Supper Snacks, Sunday breakfast, cover a meal at McDonalds on the trip back. All meals need to be dehyd very light. You will be carrying the whole backpack the whole wayso GO	, lunch, Snacks. I rated, please no c	Please send a few dollars to	
Remember to dress warm! Use light layers. It could get cold! Make sure batteriesits dark in the woods! Pack light we are backpacking in 13 mi		-	
My son, has permission to attend the 13 mile B	ackpack.		
Parents Signature:			
IMPORTANT: Phone number/Cell number where parents can be reached or event getting over early:	l in case of emerge	ency	
Please include medical release form w/ this permission slip!			
Questions? Call: 417-343-0463 (Mark Jones Cell)			



### Royal Rangers



#### Suggested Back pack Meals

Backpacking Meals; Cold Trips Suggestions!

2 day outing Menu What I bring... YOU BRING WHAT YOU WANT TO COOK AND EAT. A fire will be there for cooking on or bring your backpack stove.

Eat before we meet at Mark Jones House

Friday night around fire.

Dehydrated Mountain house meal. Walmart Camping Section.

Hot Chocolate

Cheese Stick.

Saturday Morning.
Dehydrated Bacon and Eggs Mountain house Walmart
Pop Tart
Coffee

Lunch on Trail
Jerky, trail bar, cheese stick, trail mix.
Gatoraide or Koolaide Mix
Candy Bar

Supper Dehydrated meal or Ramen Noodles Cheese Stick Hot Chocolate

Sunday Breakfast Dehydrated Bacon and eggs. Coffee. Pop Tart.

Sunday lunch on trail.

Jerky trail bar, cheese stick, trail mix.

Gatoraide or Koolaide mix

Candy bar



# Royal Rangers



Snacks, Sunflower seeds, Trail bars, Trail mix.

[] Dehydrated Mountain House Meal
[] Dehydrated Mountain House Meal
[] Dehydrated Mountain house breakfast
[] Dehydrated Mountain house breakfast
[] Cheese Sticks 4
[] Gatoraide Mix
[] Koolaide Mix packets with sugar
[] Coffee 2
[] Hot Chocolate 2
[] Pop Tart Cherry 2
[] Beef Jerky package
[] Trail Bars 4
[] Candy Bars 4 (cherry mash yum)
[] Trail mix for 2 lunches and snacking Black walnut, mm, cashews,
[] Sun flower seeds



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### **Outing Check off List**

#### **Personal Equipment**

- [x] A zip lock bag can contain:
- [x] Candle stub
- [x] Small pliers
- [x] Fifty feet para cord
- [x] Small Roll Duct tape
- [x] extra batteries
- [x] Paper and pencil
- [x] Zip lock with Toilet Paper
- [x] Float bag containing extra clothing
- [x] Small backpack Stove
- [x] Propane-butane canister
- [x] Lighter and metal match
- [x] Put Boys Name in Clothing
- [x] 1 Large Heavy Leaf Trash bag
- [x] Tool Logic Knife
- [x] MSR Cook Pot with lid
- [x] 2 water bottles
- [x] Group water Filter
- [x] Stadium Seat Backrest Pad.
- [+] It has been extremely wet, it has been extremely cold, it has been wonderful weather. Please prepare for any thing you might encounter weather wise.

THIS IS What I am bringing...
CHECK LIST. IT'S UP TO YOU ON
WHAT YOU BRING. IF YOU WANT
TO BRING OTHER STUFF THAT IS
UP TO YOU. IF YOU DON'T WANT
TO BRING ANYTHING. EXPECT
WHAT YOU DON'T PREPARE
FOR. . IF YOU DON'T' HAVE IT
YOU WON'T USE IT. NOTHING IS
PROVIDED EXCEPT THE
TRANSPORTATION.
Don't figure
on borrowing others stuff for
more than a few minutes.

- [x] Small first aid kit
- [x] Flashlight (head lamp preferred)
- [x] Fork and Spoon light.
- [x] Canteen \_12\_\_ Ounces

#### **Cold Weather Clothing**

- [x] Stocking cap
- [x] Long-sleeve RR Wicking shirt
- [x] Insulated Windtech Jacket
- [x] Water Proof Hiking boots
- [x] Float bag to put boots in at river.
- [x] Long Johns underwear
- [x] Mittens or gloves
- [x] Nylon pants with light belt
- [x] Sleeping sweatshirt
- [x] Wicking or short-sleeve shirt
- [x] 1 Non Cotton Underwear
- [x] Socks Wool/poly \_2\_ Amount
- [x] Rain Wind Jacket and Pants
- [x] Crocks for River Crossings
- [+] Have your backpack packed with all your food and ready to go. Don't forget to bring dry socks, underwear and sweatpants to change into just before you climb into the sleeping bag.
- [+] If you have a water pump bring it. We will have filters there. We will pump water from the stream.

#### **Overnight Camping Equipment**

- [x] Personal essentials
- [x] 0 degree Sleeping bag
- [x] Backpack Bora 80
- [x] Thermo Rest Sleeping pad
- [x] Pillow in Pillow Case
- [x] 3 lbs Tent with Ground cloth
- [x] Tent stakes 6 light weight
- [x] Hand Sanitizer / Soap
- [x] Toothbrush and toothpaste
- [x] Towel to dry feet at river crossing
- [x] Thermorest pillow
- [x] Tooth pick flossers.
- [x] Advil
- [x] Vitamins and Meds.

#### **Optional Personal Equipment**

- [x] Watch
- [x] Camera with extra batteries
- [x] Devotion Papers
- [x] GPS with extra batteries
- [x] Compass
- [x] 2 Walking sticks
- [x] Meals in ziplocks pre arranged.
- [+] Bring only what you have to have. Extra items on this trip is only a burden. Think VERY VERY LIGHT. BRING ONLY WHAT YOU can carry for 25 miles.
- [+] Cell phone coverage is rare. Best leave it in the truck.

# Event Permission Slip Royal Rangers

I understand this event will include the following marked boxes below:

х	I understand that photographs will be taken at this event and used for Ranger purposes
Х	I understand that that my child will be riding in a church vehicle
Х	I understand that that my child will be riding in a personal vehicle
	I understand that that my child will be swimming
	Swimming Ability:
	I understand that that my child will be participating in activities with Archery
	I understand that that my child will be participating in activities with BB Guns
Ц	I understand that that my child will be participating in activities with Small Bore Rifles
Ц	I understand that that my child will be participating in activities with Black Powder Rifle
х	Other Activities
	13 mile backpack 2 nights camping. It's bring your own cook your own or go hungry that means the person going is responsible for all they need,
perminus In case for ou	e parent or guardian, I have read the above activities and I am giving my child ssion to attend this event.  e we cannot be reached during an Emergency, I (we) the undersigned give permission r child to be treated by a licensed physician, and for said physician to administer ver care is necessary, including anesthesia, for their safety and care.
and th	ning this form, I realize the risk of an injury occurring during this event or program at Central Assembly of God or it's volunteers of responsible/held liable for any injury occurring while at this event or program.
Name	of Parent or Guardian
Signa	Date ture of Parent or Guardian



# Event Permission Slip Royal Rangers

### **Event Information (Filled out by Ranger Commanders)**

Event Name:	13 mile 2 night Boxley to Steel Creek Backpack	
Event Locatio	n: Boxley Arkanas to Steel Creek Arkansas	
Event Date:	12-20-2013	
Description of	of Event:	
	night backpack. Going on the Buffalo River Trail from Boxley to Steel Creek.  Pack light. Pack Light. Pack Light.	
	r dok light. F dok Eight.	
Rangers In	formation:	
Rangers N	lame:	
Parent's C	ontact Phone Number:	
Alternate F	Phone Number:	
Special No	otes: (Ex: Medication, Allergies, etc.)	

Please read and sign the back.



